

Karissa (KK) Kroll

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Education

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|-------------|------|---|
| M.S. | 2013 | Tarleton State University
Stephenville, Texas
Major: Kinesiology |
| B.S. | 2011 | Tarleton State University
Stephenville, Texas
Major: Exercise and Sports Studies
All-Level Physical Education |

Fitness/Athletic Experience

Lifetime Fitness, Personal trainer currently working in Flower Mound Texas.

- Assisting clients and the public on proper technique

Internship, Tarleton Recreation Center, Spring 2013

- Used the social network to market the RecSports Center at Tarleton
- Created fitness videos and assisted with events

Team Member, Tarleton State University Softball Team, August 2007 – May 2010

- Played 2nd base
- Did many community service activities while playing softball
- Playing on the team taught her a lot about teamwork, leadership, and how to achieve victories

Mud Run, Dallas, Texas, Fall 2012

- Participated in and completed a 5k mud run

TexFit Conference, Spring 2013

- Attended and observed sessions including Brazilian Jiu Jitsu, Functional Flow Yoga, and Cycle Interaction

Teaching/Coaching Experience

12U Softball Team: Coached a 12 and under softball team for the City of Stephenville, Spring 2013

- Coached 3rd base at games and assisted with practices
- Team was undefeated

EDU 435 010 - Issues in Professional Development: Student taught at Dublin Intermediate and Dublin High, Dublin, TX, Spring 2011

- Planned and taught problem based lessons
- Planned and taught interdisciplinary lessons
- Assisted teacher with classroom management

EDU 430 020 - Application of Effective Teaching Practices: 30 hours, Dublin Intermediate and 30 hours, Dublin High, Dublin, TX, Fall 2011

- Planned and taught problem based and interdisciplinary lessons
- Assisted teacher with classroom management

EDU 330 010 - Effective Instruction: 20 hours, Assisted with Field Days at Copperas Cove and Bluffdale Elementary, and assisted a UIL event, Spring 2010

- Assisted with activities
- Assisted with time and class management

EDU 320 050 - Understanding Learners: 15 hours, Hico Middle School, Hico, TX

- Assisted teacher with classroom management, Fall 2010
- Tutored one child in math

KINE 380 010 - Adaptive, Corrective, and Developmental Exercise: 8 hours, Assisted with Fantastic Field Day and Rock the Gym for special needs children, Fall 2010

- Engaged with special needs children
- Assisted with management

KINE 405 010 - Practicum in Kinesiology: Assisted in teaching a sports officiating class, Spring 2010

- Planned and taught a problem based lesson
- Assisted in refereeing multiple basketball games other classes played in

P ED 250 010 - Games and Activities for Children: Assisted with home schooled children, Spring 2009

- Planned and taught new games
- Invented new games to teach children that keep everyone involved

- Assisted in classroom management

P ED 340 020 - Integrated Movement: 10 hours, Stephenville Christian School, Stephenville TX, Spring 2009

- Planned and taught new games that integrated other subjects
- Invented new games to teach children

P ED 310 010 - Test and Measurements: 10 hours, Fitnessgram at Gilbert Intermediate, Hook, and Chamberlin Elementary, Stephenville TX, Fall 2009

- Assisted in administering the Fitnessgram to many children

American Softball Association (ASA), Assisted in coaching an 18-under Softball Team, Summer 2008

Art Instruction Schools, 2004-2006

- Completed and passed every art lesson.
- Took during high school and learned more of my artistic capabilities.

Publications & Presentations

Buckingham, A., Kroll, K., Reynolds, J., Craven, R. (2012, May) *9th Annual Texas A&M Research Symposium*; Texas A&M University-College Station; College Station, Texas

- Created a research poster over the stress of coaches in Spring 2012
- Received an award for reaching the top 5% out of over 100 participants

Kroll, K. (2012 December) *5th Annual Kinesiology Research Symposium*; Tarleton State University; Stephenville, Texas, Spring 2012

- Created internet blogs
- Presented a blog poster to judges

Professional Organizations

Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD) Member, Spring 09-10, update expected by May 2013

National Intramural-Recreational Sports Association (NIRSA)

Expected member by May 2013

Certifications

First Aid: CPR Certified with American Red Cross, Jan 2013

Teaching Certification (PPR), Certified All-Level Physical Education Teacher, Fall 2012

ACE (American Council on Exercise) Certified, Certified March 2013

- Personal training certification

Work History

Cook/Cashier, Whataburger, Stephenville, TX, August 2008 – September 2012

Cashier, Sports Authority, Waco, TX, Christmas break 2009

Carhop, Sonic Drive-In, Fort Worth, TX, Summer 2008

Sonic Drive-In, Waco, TX, August 2005 – November 2006

Honors

Recipient of McCabe Scholarship, Spring 11

Distinguished Student, Spring 10, Fall 09, Spring 08, Fall 08

Distinguished Athlete/All-District, 07

References

Ken Graves

Batbusters head softball coordinator

North Richland Hills, Texas

817-729-1364

Shanna Moody

Head athletic personal trainer

Tarleton State University

Stephenville, Texas

254-216-0530

Dr. Kayla Peak

Head of Kinesiology department

Tarleton State University

Stephenville, Texas

903-217-7066

Dr. Steve Crews

Kinesiology advisor

Tarleton State University

Stephenville, Texas

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